

# THE ULTIMATE LIST OF THINGS TO DO

## HANDS-ON ACTIVITIES

- Flashlight hunt/tag/find
- Pouring station
- Play with boxes
- Make bubble foam
- Tape road
- Oobleck
- Nature collage
- Wash the toys
- Painting with soap
- Sensory bin (rice, oats)
- Post-it find & match
- Make paper airplanes
- Paint rocks (then hide them)
- Paint with water
- Play with ice
- Recycle bin crafts
- Shaving cream play
- Make potions
- LEGO bath
- Popsicle bath
- Baking soda science

## EASY, FUN IDEAS

- Obstacle course
- Treasure hunt
- Pretend camping set up
- Dance party
- Easter egg hunt
- Find a new recipe together
- Play with balloons
- Host a tea party
- Build a fort
- Use window chalk pens
- Build a carpet city
- Book scavenger hunt
- Read aloud & draw
- Pop bubble wrap
- Make collages
- Tape line jump
- Play dough
- Bake cookies

## RANDOM & FANTASTIC

- Birthday party for toys
- Temporary tattoos
- Pom pom competitions
- Small indoor tent
- Act out Disney songs
- Glow sticks
- Make the floor lava
- Birthday card art
- Cleaning (dust, use sponges)
- Teach "Stuffies School"
- Wash fruits & vegetables
- Ultimate library
- Salad spinner with water
- Car picnic
- Stopwatch timer
- Light a candle, sing happy birthday

## SCREEN TIME HELPERS

- Go Noodle (YouTube)
- Cosmic Kids (YouTube)
- Hide & seek FaceTime
- Watch Disney parades (YT)
- Listen to audio books
- Starfall (app or computer)
- ArtHub (YouTube)
- Sleeping bag movie
- Lunch Doodles (YouTube)
- Simple Learning Songs (YT)
- Drive-in movie
- Alexa "Animal Workout"
- Type in blank Word doc
- Make slow-mo videos on a cell phone

# THE ULTIMATE LIST OF THINGS TO DO

## HANDS-ON ACTIVITIES

- **Flashlight hunt/tag/find:** Turn off the lights and play with flashlights.
- **Pouring station:** Fill up pitchers and cups of water. Play in empty bath or sensory bin.
- **Play with boxes:** Find a box and start decorating. Add stickers, paint, markers, paper, etc.
- **Make bubble foam:** 2:1 water to tear free soap, whip into stiff peaks with a hand mixer.
- **Tape road:** Make a road out of tape. Add cars, animals, blocks, etc.
- **Oobleck:** 2:1 cornstarch to water. Stir into a taste-safe, no stain slime.
- **Nature collage:** Go on a walk, collect bits from nature, glue into a collage.
- **Wash the toys:** Fill up a bin or bath with soapy water and wash plastic toys.
- **Painting with soap:** Add paint brushes to the bath tub to encourage painting with bubbles.
- **Sensory bin (rice, oats):** Make a sensory bin from rice or oats, add cups or trucks for play.
- **Post-it find & match:** Draw on sticky notes, hide in house - find - match onto "key."
- **Make paper airplanes:** Learn to make paper airplanes (lots of tutorials online).
- **Paint rocks (then hide them):** Gather rocks, paint them, hide for others to find.
- **Paint with water:** Use real paint brushes, water, and cardboard.
- **Play with ice:** Fill up a sensory bin or bowl with ice, water, scoops, and cups.
- **Recycle bin crafts:** Head to the recycle bin and find treasures. Create!
- **Shaving cream play:** Add squirts of shaving cream outside or to the shower. Have fun!
- **Make potions:** Build a science bin with baking soda, vinegar, soap, water, etc. Experiment!
- **LEGO bath:** Fill up the tub, dump in the DUPLOs. Also works in the shower.
- **Popsicle bath:** Fill up bath as usual. Add in kids and popsicles.
- **Baking soda science:** Dump a box of baking soda on a cookie sheet. Use syringes of food color dyed white vinegar for fizzy experimenting and color mixing.

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## SUPPLIES TO KEEP AROUND

- Baking soda
- Shaking cream
- White vinegar
- Popsicles
- Washable tempera paint
- Cornstarch
- Post-its
- Painter's tape/Scotch tape
- Crayons & markers
- Construction paper
- Storage container (28qt)
- Tear free soap
- Rice or oats
- Glue sticks & wet glue
- Paint brushes

# THE ULTIMATE LIST OF THINGS TO DO

## EASY, FUN IDEAS

- **Obstacle course:** Create a course from cushions, pillows, blankets, etc.
  - **Treasure hunt:** Hide clues, a map, and end it with "buried treasure."
  - **Pretend camping set up:** Build a pretend camp site - sleeping bags, pillows, fake fire.
  - **Dance party:** Crank up the kid tunes and let loose. Fill the house with dance & music.
  - **Easter egg hunt:** Hide plastic eggs or other toys (like puzzles) for kids to find.
  - **Find a new recipe together:** Look through a fun cookbook and pick something new.
  - **Play with balloons:** Blow up a few balloons and let the games begin!
  - **Host a tea party:** Dress up, invite stuffed animals, be creative together.
  - **Build a fort:** Create an EPIC fort. Move a toy bin and some books inside.
  - **Use window chalk pens:** Let the kids decorate the windows with chalk pens.
  - **Build a carpet city:** Roll the rug into a hill, add pillow mountains, create a landscape!
  - **Book scavenger hunt:** Give clue to a specific book. Once they find it, read it, repeat.
  - **Read aloud & draw:** Read aloud BUT DON'T show the picture. Have them draw instead.
  - **Pop bubble wrap:** Save bubble wrap. Use it when you need it.
  - **Make collages:** Use art supplies, magazines, newspapers, anything!
  - **Tape line jump:** Make tape lines to jump on, jump over, jump to, and jump around.
  - **Play dough:** Grab out the play dough or make some together.
  - **Bake cookies:** Get out the ingredients, make cookies, sit and eat them warm.
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## SCREEN TIME HELPERS

### YOUTUBE CHANNELS

**Go Noodle** - Kids dance, movement, exercise

**Cosmic Kids** - Yoga

**Disney Parades** - Watch videos of parades, act out

**ArtHub** - Step by step drawing videos

**Simple Learning Songs** - Gentle songs to sing along

**Lunch Doodles** - Learn to draw with Mo Willems

### CELL PHONE IDEAS

**Hide & Seek FaceTime:** With grandparents on FaceTime, hide the phone, grandparents holler clues or make noise until kids find phone

**Starfall:** Starfall ABC is a simple, free app or visit [Starfall.com](http://Starfall.com)

**Listen to audio books:** Make a comfy spot to sit and listen

**Slow-mo videos:** Show the kids how to make slow-motion videos

### OTHER IDEAS:

- Sleeping bag movie
- Drive-in movie (laptop in car, drive somewhere to sit and watch)
- Alexa play "Animal Workout"
- Open a blank word document for kids to type letters

# THE ULTIMATE LIST OF THINGS TO DO

## RANDOM & FANTASTIC

- **Birthday party for toys:** Have a birthday party for a toy. Don't forget to sing!
- **Temporary tattoos:** Save temporary tattoos from goodie bags for days you need them.
- **Pom pom competitions:** Think "minute to win it." Pom pom races by blowing in straws, play basketball, roll on ramps, think outside the craft box.
- **Small indoor tent:** Put up a tent and let the kids move "inside."
- **Act out Disney songs:** Turn up the jams and act them out (think "Circle of Life").
- **Glow sticks:** Glow stick bath, glow stick hide and seek, glow stick dancing...
- **Make the floor lava:** Turn the floor to lava, turn up the music, have fun!
- **Birthday card art:** "Oh wow! Uncle Frank's birthday is two weeks from now. Better make him cards today!"
- **Cleaning (dust, use sponges):** Make a "cleaning station" with fun sponge options.
- **Teach "Stuffies School":** Act out school. Let your child be the teacher to their stuffies, including circle time songs.
- **Wash fruits & vegetables:** Set out the fruit and veggies and let the kids wash.
- **Ultimate library:** Dump out ALL the books. Have an ultimate read-athon. Then sort them, donate some, and put them back together.
- **Salad spinner with water:** Salad spinners are so cool. Wash and dry toys.
- **Car picnic:** Take lunch to the car then work together to clean out the car after!
- **Stopwatch timer:** Try to beat their best times. Time anything and everything.
- **Light a candle, sing happy birthday:** On repeat. See how long this goes...

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## WHEN IN DOUBT WITH KIDS...

ADD WATER.

ADD MUSIC.

ADD A TIMER.

If you need a fast change: add water to it, turn up the music, or see if they can do it faster.